

NCSSU General Meeting Notes for Monday March 29, 2010

- Officer Election: will take place at next meeting on Monday April 26th
 - Position descriptions will be posted online at NCSSU website.
 - Must be a current member to vote & must pay to be a member next year to run.
 - Candidates please write a brief (3 sentence) description about yourself & the position you desire (email Kristy Page with info or any questions at pagek@sonoma.edu).
- Merchandise update: working on three sticker designs (one small removable, one bumper sticker, and one large removable for car windows, etc.) Any design ideas contact Kristy or Liz (willisel@sonoma.edu). More info & prices to follow.
- Nurse Appreciation Day: Monday, May 3 for our nursing dept faculty
 - Faculty scheduled in meetings on campus from 9:30-Noon that day.
 - Food and/or gifts to give to them. Sign-up sheet passed around. If interested contact Kristy for further information & ways to contribute.
 - Official day is Thursday, May 6: If you are in clinical do something nice for your RN!
- Reach on Tour: May 15th at Petaluma Community Center
 - Conference event from 0800 to 1600, focusing on obstetric emergencies, helicopter safety, sepsis, seizure management, etc. Seven CE units offered, contact Cina Pontes (pontes@sonoma.edu) for more information.
- Next Meeting on April 26th: Guest speaker from RN involved with Haiti Relief International
- Seawolf Decision Day on April 17, 2010: 11 a.m.-2 p.m. on campus fair in the Salazar Quad
 - Prospective students talk one on one with members of student clubs or campus departments. NCSSU table for information & possibly merchandise. Shift sign-up sheet passed around. Anticipating close to 2,000 students/family members! Great outreach event to future students & sparking interest. More info, contact Cristen (clemetso@sonoma.edu).
- HUMAN RACE: Great nationwide community fundraising event for nonprofit organizations. The Sonoma County Race consists of a 3K and 10K run or walk through Howarth and Spring Lake Parks.
 - Saturday, May 8, 2010
Registration: 6:30 am – 7:45 am
Run: 8:00 am
Walk: Immediately after runners
 - JOIN OUR TEAM: create a profile and join as a member! Donations are encouraged, but not required to participate -Please follow the directions to join to group and spread the word!
 1. <http://www.humanracenow.org/race.html>
 2. Go to donate/fundraising
 3. Click on donate to your favorite non-profit team
 4. Find: Nursing Club at SSU
 - Our non-profit organization to which we will be donating our money TBD. Shelter for women and children? Hospice? Email Elle (dolle@sonoma.edu) or Liz with suggestions!

- Discussion of donation to Haiti nursing school affected by the earthquake. Will contact & determine best way to help (financial, supplies, etc.)
- Guest Speaker: DiAnn O'Hara Sutter VNA Hospice volunteer coordinator
 - Discussed history, background, specifications, and various settings of hospice care.
 - Focus on quality of life, not death, providing dignity, physical/emotional/spiritual needs of clients and their loved ones, pain control, and support throughout the entire journey.
 - Volunteers are an essential part of the program. Training is offered with great opportunities to contribute through respite care, short visits, companionship, thrift stores, office work, events, etc. Contact DiAnn for more information (oharad1@sutterhealth.org).
 - Student nurses are welcome to shadow hospice RNs & encouraged to learn more about services, support, and resources available (contact DiAnn).
- Successful mentor/Mentee Get Together (1:00-2:00). If you couldn't stay or make it, touch base with your mentee/mentor and see how the semester is going!
- Upcoming Events
 - April and May 1:00-2:00 advising to pre-nursing students immediately after meetings conclude. Posters will be put up on campus to announce event.
 - Redwood Empire Food Bank volunteer outreach. Date TBD (possibly Saturday April 24th in Santa Rosa). On-site organizing, boxing, etc. & also canned food drive for those that cannot attend. Contact Elle for more information! Details to follow shortly.
 - "NAMI Walks" 5K on May 22, 2010 in SF. Check-in at 0900. Raise awareness and funds for mental health services in the Bay Area. Registration is free! Website is: www.namiwalkSFbay.org or contact Elle or Liz.
 - Pinning meeting Thursday April 1st 3pm at Wolf Den Starbucks across street from SSU. Senior class would appreciate help with set-up, tickets, & clean up. Further meetings to follow! Contact Jennifer Yuhás (jenn.yuhás@gmail.com) or Crísten for more information.